7 Study Schedule Templates (Printable)

From the StudySim guide "Study Schedule: 7 Free Templates That Actually Work" (studysim.ai/blog/study-schedule). Pick the one template that fits your situation, print it, and fill it in. Rules of thumb used throughout: block fixed commitments first, review notes soon after class, switch courses after an hour or two, schedule real breaks, and double your time estimates (Cornell Learning Strategies Center).

Before you start: how to make a study schedule in 5 steps

1. ☐ Write down every deadline and exam date from your syllabi and your calendar.
2. ☐ Block off fixed commitments: classes, work, meals, sleep, activities.
3. ☐ Estimate how long each course needs, then double the estimate.
4. ☐ Put study blocks in the free time like appointments, rotating subjects.
5. ☐ Review the plan once a week (30-60 minutes) and adjust it.

Template 1: Daily time-block schedule

Date: _____. Fill fixed commitments first (classes, work, meals), then add study blocks in the gaps, including "hidden time" between classes. Mark each study block with the course and the task.

Time	Commitment or study block (course + task)	Done
7-8 AM		
8-9		
9-10		
10-11		
11-12		
12-1 PM		
1-2		
2-3		
3-4		
4-5		
5-6		
6-7		
7-8		
8-9		
9-10		

Template 2: Weekly class-by-class schedule

Write each class in on the days it meets. Put a short review block for that class on the following day (for example, Mon/Wed/Fri class reviewed Tue/Thu/Sat), plus one cumulative weekly review per course.

Block	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Classes							
Review block 1							
Review block 2							
Homework							
Weekly review							
Breaks / free							

Template 3: Pomodoro study session

Pick one task, focus for 25 minutes without distractions, then take a 5-minute break. Tick a box per completed 25-minute block.

Task	Block 1 (25 min)	Break (5)	Block 2 (25 min)	Break (5)	Block 3 (25 min)	Break (5)	Block 4 (25 min)

Template 4: 2357 exam countdown

Write the exam date, then plan sessions 18, 11, 6, 3 and 1 days before it (count back 1, then 2, 3, 5 and 7 days). Make every session a self-test. Stagger subjects so they don't all land on the same day (Birmingham City University; Glasp).

Subject / topic	Exam date	18 days before	11 days before	6 days before	3 days before	1 day before

Template 5: Two-week exam countdown

Rank your exams (soonest, most important, hardest). Split each course's time about 30% review and 70% practice, keep each task to 3 hours or less, switch subjects, and keep meals and breaks in the plan (Penn Weingarten Center).

Day	Course A task	Course B task	Course C task	Practice test?
Day 14				
Day 13				
Day 12				
Day 11				
Day 10				
Day 9				
Day 8				
Day 7				
Day 6				
Day 5				
Day 4				
Day 3				
Day 2				
Day 1				

Template 6: Subject rotation day

Don't work on one course for more than an hour or two at a time. Rotate courses, with a real break between blocks (Cornell Learning Strategies Center).

Block	Course	Task	Minutes	Break after?

Template 7: Long-range exam plan (months out)

For a big exam months away: set aside a bit of time every day, plan by week, and come back to older topics so they stay fresh (The Learning Scientists).

Week	Topics to learn	Topics to revisit	Practice test or self-test	Notes

StudySim (studysim.ai) turns your notes or a PDF into practice quizzes and flashcards for the self-test sessions in these templates. Print freely for personal and classroom use.